

Hydroxycotinine exhibits a stronger association with chronic kidney disease in smokers when compared to cotinine: Evidence from NHANES 2013–2018

Shili Zhao¹, Shijing Zheng², Zhiqiang Liu², Yue Xu², Ning Jia², Cihang Lu³, Yaning Wang⁴

ABSTRACT

INTRODUCTION Smoking is a recognized risk factor for chronic kidney disease (CKD), and cotinine and hydroxycotinine are tobacco metabolites that can be used to quantify smoking. This study evaluated their relationship with CKD in smokers.

METHODS This secondary dataset analysis is based on National Health and Nutrition Examination Survey (NHANES) data from 2013 to 2018. A cross-sectional examination of a subsample of 2930 adult smokers aged ≥ 20 years was conducted to investigate the relationship between serum cotinine and its metabolite, hydroxycotinine, and CKD. Linear regression, multivariable-adjusted logistic regression, restrictive cubic splines, and subgroup analysis were utilized.

RESULTS Serum cotinine and hydroxycotinine levels were significantly elevated in CKD patients compared to the non-CKD population (230.00 vs 212.00 ng/mL, $p=0.02$ for cotinine; 97.30 vs 74.70 ng/mL, $p<0.001$ for hydroxycotinine). In multivariable-adjusted logistic regression models, cotinine (≥ 316 ng/mL) showed a positive association solely with renal insufficiency (adjusted odds ratio, AOR=1.53; 95% CI: 1.07–2.17). In contrast, hydroxycotinine (≥ 124 ng/mL) was independently associated with three CKD indices: CKD diagnosis (AOR=1.61; 95% CI: 1.06–2.43), renal insufficiency (AOR=2.07; 95% CI: 1.33–3.23), and albuminuria (or proteinuria) (AOR=1.61; 95% CI: 1.06–2.43). Restricted cubic spline analyses revealed nonlinear dose-response relationships: hydroxycotinine exhibited broader negative associations with both eGFR and uACR ($p<0.001$), while cotinine showed threshold-dependent correlations with CKD risk (positive <180 ng/mL, attenuated above). Subgroup analyses further indicated that hydroxycotinine consistently correlated with CKD across demographics (e.g. males, age <60 years, obesity), whereas cotinine's associations were more limited, with no significant interaction effects observed (p for interaction >0.05).

CONCLUSIONS Elevated serum concentrations of cotinine and hydroxycotinine are positively associated with low glomerular filtration rate, albuminuria, and CKD in smokers, with hydroxycotinine demonstrating a stronger correlation. Smoking is established as a heightened risk factor for CKD, thus avoidance or reduction of smoking is strongly recommended.

AFFILIATION

¹ Beijing Hospital of Traditional Chinese Medicine, Capital Medical University, Beijing, People's Republic of China

² Division of Nephrology, Beijing Yanting Hospital of Traditional Chinese Medicine, Beijing, People's Republic of China

³ Division of Endocrinology and Metabolic Diseases, Shengjing Hospital of China Medical University, Shenyang, People's Republic of China

⁴ Department of Nephrology, Binzhou Medical University Hospital, Binzhou, People's Republic of China

CORRESPONDENCE TO

Yaning Wang. Department of Nephrology, Binzhou Medical University Hospital, No. 661 Huanghe 2nd Road, Binzhou, Shandong Province 256603, People's Republic of China
E-mail: bwangyaning@163.com

ORCID iD: <https://orcid.org/0009-0005-8773-3489>

KEYWORDS

smoke, cotinine, hydroxycotinine, chronic kidney disease

Received: 20 November 2024

Revised: 16 February 2025

Accepted: 19 February 2025

INTRODUCTION

Smoking constitutes a substantial risk factor for mortality and numerous severe diseases, demanding unwavering attention within the purview of public health¹. As of 2021, the global population of smokers has surpassed one billion². Meanwhile,

the global burden of chronic kidney disease (CKD) continues to escalate. Between 1990 and 2019, the global incidence of CKD cases more than doubled, surging from 7.8 million to 18.99 million³. Nevertheless, the overall prevalence of CKD in certain developed nations has exhibited sustained stability in recent years⁴⁻⁶.

Smoking constitutes an autonomous risk factor for CKD occurrences⁷. Smoking is believed to exhibit positive correlations with CKD risk, albuminuria, increased GFR, and decreased GFR⁸. Nicotine represents the principal psychoactive compound in both tobacco and e-cigarettes, while cotinine serves as a nicotine metabolite, subsequently undergoing conversion into hydroxycotinine^{2,9}. Cotinine can persist in the bloodstream for up to 48 hours, serving as a biomarker for the verification of self-reported smoking habits and exposure to passive smoking^{10,11}. Prolonged nicotine exposure may partially contribute to CKD progression and exacerbate renal damage^{12,13}. Prior investigations have identified a negative association between serum cotinine levels and renal function, yet research on its relationship with CKD is scarce, and there is a notable absence of pertinent studies on hydroxycotinine^{14,15}.

This study attempts to investigate the association between hydroxycotinine and parameters such as renal function, urinary protein, and the risk of CKD. It also aims to compare these findings with those of cotinine.

METHODS

Study design and population

This is a secondary dataset analysis of study participants drawn from the National Health and Nutrition Examination Survey (NHANES), encompassing three survey cycles: 2013–2014, 2015–2016, and 2017–2018, accessible at the NHANES website¹⁶. Participants aged >18 years who reported smoking within the past five days were included, while those with missing data for serum creatinine, urine creatinine, urinary albumin, serum cotinine, hydroxycotinine, and pregnant women were excluded. Ultimately, the analysis incorporated 2930 individuals. Detailed information regarding the inclusion and exclusion process is provided in Supplementary file Figure 1. All data for this project are available and

comply with NCHS Ethics Review Board Approval.

The laboratory methodology of serum creatinine, cotinine, hydroxycotinine, urinary creatinine and urinary albumin

Urine and centrifuged serum samples were appropriately preserved at freezing temperatures (-20°C) for subsequent analysis. The quantification of serum cotinine and hydroxycotinine was performed using isotope-dilution high-performance liquid chromatography combined with atmospheric pressure chemical ionization tandem mass spectrometry. Creatinine concentrations in both serum and urine were determined via the Jaffe rate method, and urine albumin concentration was ascertained using fluorescent immunoassay (FIA). Comprehensive laboratory methods and quality assurance protocols are outlined in the laboratory procedures manual for the NHANES study¹⁷.

Diagnostic criteria

These diagnostic criteria were based on the KDIGO 2021 Clinical Practice Guidelines.

Renal insufficiency: eGFR <90 mL/min/1.73 m².

$$\text{eGFR} = 141 \times \min(\text{Scr}/\kappa, 1)^a \times \max(\text{Scr}/\kappa, 1)^{-1.209} \times 0.993 \times \text{Age} \times [1.018 \text{ if female}] \times [1.159 \text{ if Black}],$$

$$\kappa \text{ was } 0.7 \text{ for women and } 0.9 \text{ for men, } a \text{ was } -0.329 \text{ for women and } -0.411 \text{ for men, and } \min \text{ indicates the minimum of } \text{Scr}/\kappa \text{ or } 1, \text{ and } \max \text{ indicates the maximum of } \text{Scr}/\kappa \text{ or } 1.$$
¹⁸

Albuminuria: Urinary albumin creatinine ratio (uACR) $\geq 30 \text{ mg/g}$ ¹⁹.

uACR = urinary albumin/urinary creatinine.

CKD was diagnosed using the KDIGO standard, and a diagnosis was established if at least one of the following criteria is met¹⁹: eGFR <60 mL/min/1.73 m²; eGFR $\geq 60 \text{ mL/min/1.73 m}^2$ and uACR $\geq 30 \text{ mg/g}$.

Covariates

Structured questionnaires, encompassing demographic and social characteristics (e.g. age, sex, education level, marital status, and poverty ratio level), lifestyle factors (e.g. alcohol consumption status categorized as follows: 'never' for individuals with less than 12 drinks in their lifetime, 'mild or moderate drinkers' for those with 14 drinks or fewer per week for men or 7 drinks or fewer per week for women, and 'heavy

drinkers' for those exceeding these limits; leisure-time physical activity level; and dietary habits assessed using the Healthy Eating Index score), and medical history, were administered by trained interviewers. Medical personnel conducted physical examinations, encompassing measurements of height, weight, blood pressure, blood glucose, and glycosylated hemoglobin levels.

Statistical analysis

All analyses were performed with the application of weighted exam sample weights. For the handling of missing data, multiple imputation was performed utilizing the random forest method²⁰, covering the following covariates with missing values: body mass index (BMI) (30 records), education (73 records), income (292 records), marital status (73 records), alcohol consumption status (377 records), physical activity (4 records), and Healthy Eating Index score (249 records), and the specific details are presented in Supplementary file Figures 2 and 3. The scatter plot for linear regression illustrates the correlation between cotinine and hydroxycotinine. Cotinine and hydroxycotinine were stratified into quartiles to investigate their associations with CKD. Logistic regression models were employed to estimate the odds ratios (ORs) for disease-related risk analysis. This analysis utilized three binary logistic regression models: crude, Model 1 (adjusted for fundamental demographic factors), and Model 2 (additional adjustment for lifestyle and health-related factors). A histogram is employed to assess the extent to which a continuous variable approximates a normal distribution (Supplementary file Figure 4). Categorical variables are presented as percentages with changes evaluated using a 95% confidence interval, while continuous variables are expressed as either means or medians, and their changes were assessed with a 95% confidence interval or interquartile range, as applicable. Disparities between categorical variables were assessed using chi-squared tests and Fisher's exact tests, while differences between continuous variables were evaluated using analysis of variance (ANOVA). Dose-effect analysis was conducted through the application of restricted cubic splines (RCS)[n(knots)=5]. Trend analysis was employed to assess the trend relationship between

the quartile distribution of research variables and CKD. Furthermore, multiplicative interaction analysis was utilized to investigate the interaction between research variables and covariates concerning the risk of CKD. The data analysis was executed in R (version 4.3.1), primarily employing the survey, *nhanesR*, *rms*, and *mice* packages. Statistical significance was established at a $p<0.05$.

RESULTS

General characteristics of the participants

A total of 2930 subjects were included in this study, with 1571 males and 1359 females, with an average age of 43.52 years (Table 1). The frequency of CKD was 12.34 (10.53–14.14), as shown in Table 1. Serum cotinine levels in CKD patients showed a slight elevation compared to those in the non-CKD population (230.00 ng/mL vs 212.00 ng/mL, $p=0.02$), while hydroxycotinine levels exhibited a notable increase in CKD patients in contrast to non-CKD patients (97.30 ng/mL vs 74.70 ng/mL, $p<0.001$). Variances were observed in age, power ratio level, marital status, alcohol consumption, leisure-time physical activity level, self-reported health status, and self-reported chronic diseases between CKD patients and non-CKD patients. Conversely, the distinctions in gender, BMI, ethnicity, education level, and healthy eating index score between the two groups did not reach statistical significance.

Linear relationship between cotinine and hydroxycotinine

Figure 1 illustrates a strong linear relationship between cotinine and hydroxycotinine among smokers ($\beta=0.9105$, $R^2=0.9732$).

The associations between serum levels of cotinine and hydroxycotidine and renal dysfunction

Serum cotinine and hydroxycotinine levels were categorized into quartiles (Q1, Q2, Q3, Q4) for analysis. Table 2 presents an investigation into the relationship between cotinine and hydroxycotinine levels and three renal conditions: CKD, albuminuria, and renal insufficiency. This analysis utilized three binary logistic regression models: crude, Model 1 (adjusted for fundamental demographic factors),

Table 1. Baseline characteristics of CKD and non-CKD populations

Characteristics	Total % (95% CI)	Non-CKD % (95% CI)	CKD % (95% CI)	p
Total, n (%)	2930 (100)	2470 (87.66)	460 (12.34)	
Age (years), mean (SD)	43.52 (42.57–44.48)	42.16 (41.17–43.15)	53.18 (51.16–55.20)	<0.001
BMI (kg/m ²), mean (SD)	28.67 (28.25–29.09)	28.58 (28.16–29.01)	29.26 (28.44–30.09)	0.10
eGFR (mL/min/1.73 m ²), mean (SD)	98.75 (97.72–99.79)	100.66 (99.83–101.49)	85.21 (81.39–89.04)	<0.001
Cotinine (ng/mL), median (IQR)	213.00 (118.00–308.00)	212.00 (110.00–307.00)	230.00 (152.00–311.00)	0.02
Hydroxycotinine (ng/mL), median (IQR)	78.50 (34.70–127.00)	74.70 (32.70–123.00)	97.30 (51.20–158.00)	<0.001
Urinary albumin creatinine ratio (mg/g), median (IQR)	7.09 (4.72–13.46)	6.49 (4.48–10.26)	54.50 (32.81–125.64)	<0.001
Women	46.37 (41.82–50.92)	45.78 (43.81–47.75)	50.54 (44.48–56.59)	0.14
Ethnicity				0.04
Non-Hispanic White	65.66 (58.16–73.15)	66.15 (62.41–69.88)	62.18 (55.06–69.30)	
Non-Hispanic Black	13.71 (11.56–15.87)	13.08 (10.74–15.42)	18.20 (13.80–22.61)	
Mexican American	7.05 (5.15–8.95)	7.20 (5.28–9.11)	6.03 (3.28–8.79)	
Other	13.58 (11.76–15.40)	13.58 (11.59–15.56)	13.59 (10.24–16.93)	
Education level				0.12
Lower than high school	19.97 (17.08–22.86)	19.33 (16.93–21.73)	24.52 (18.83–30.20)	
High school or equivalent	32.65 (28.74–36.55)	32.54 (29.67–35.41)	33.40 (27.81–38.99)	
College or higher	47.38 (43.50–51.26)	48.13 (45.05–51.21)	42.08 (35.54–48.63)	
Poverty ratio level				<0.001
0–1.0	26.36 (22.46–30.26)	25.07 (22.02–28.13)	35.49 (31.23–39.74)	
1.1–3.0	44.51 (39.85–49.16)	44.35 (40.92–47.78)	45.62 (40.14–51.10)	
>3.0	29.14 (25.40–32.87)	30.58 (26.66–34.49)	18.89 (13.32–24.47)	
Marital status				<0.001
Married	52.38 (47.36–57.41)	52.82 (50.00–55.63)	49.32 (43.83–54.81)	
Separated	22.43 (19.58–25.29)	21.21 (18.91–23.51)	31.12 (26.33–35.91)	
Never married	25.18 (22.59–27.78)	25.97 (23.48–28.47)	19.56 (14.69–24.44)	
Alcohol drinking				<0.001
Non-drinker	11.64 (10.15–13.13)	10.45 (9.09–11.81)	20.08 (16.01–24.16)	
Low to moderate drinker	44.57 (40.98–48.16)	44.62 (42.18–47.05)	44.21 (38.78–49.64)	
Heavy drinker	43.79 (39.11–48.48)	44.93 (42.32–47.55)	35.71 (30.99–40.42)	
Leisure time physical activity level (times/week)				<0.001
0	56.57 (51.67–61.48)	55.02 (52.51–57.53)	67.60 (61.51–73.68)	
1–2	13.92 (11.72–16.13)	14.80 (12.60–16.99)	7.73 (4.51–10.94)	
≥3	29.50 (26.18–32.82)	30.18 (27.57–32.80)	24.68 (19.35–30.00)	
Healthy Eating Index score				0.38
Quarter 1	39.69 (35.54–43.85)	39.98 (37.20–42.76)	37.66 (32.53–42.80)	
Quarter 2	28.11 (25.42–30.79)	27.87 (26.28–29.47)	29.76 (24.15–35.37)	
Quarter 3	21.50 (19.14–23.86)	21.13 (19.22–23.05)	24.09 (19.53–28.64)	
Quarter 4	10.71 (9.13–12.28)	11.02 (9.26–12.78)	8.49 (5.17–11.82)	
Self-reported health				<0.001
Very good to excellent	28.92 (25.84–32.00)	26.88 (24.69–29.06)	43.42 (35.83–51.02)	
Good	41.44 (37.32–45.57)	42.13 (39.46–44.80)	36.54 (30.19–42.89)	
Poor to fair	29.64 (26.80–32.47)	30.99 (28.51–33.47)	20.04 (13.18–26.89)	
Self-reported chronic diseases				
Diabetes	12.15 (10.26–14.05)	9.69 (8.20–11.18)	29.68 (25.21–34.15)	<0.001
Hypertension	38.80 (35.01–42.60)	34.72 (31.89–37.56)	67.79 (62.32–73.27)	

IQR: interquartile range.

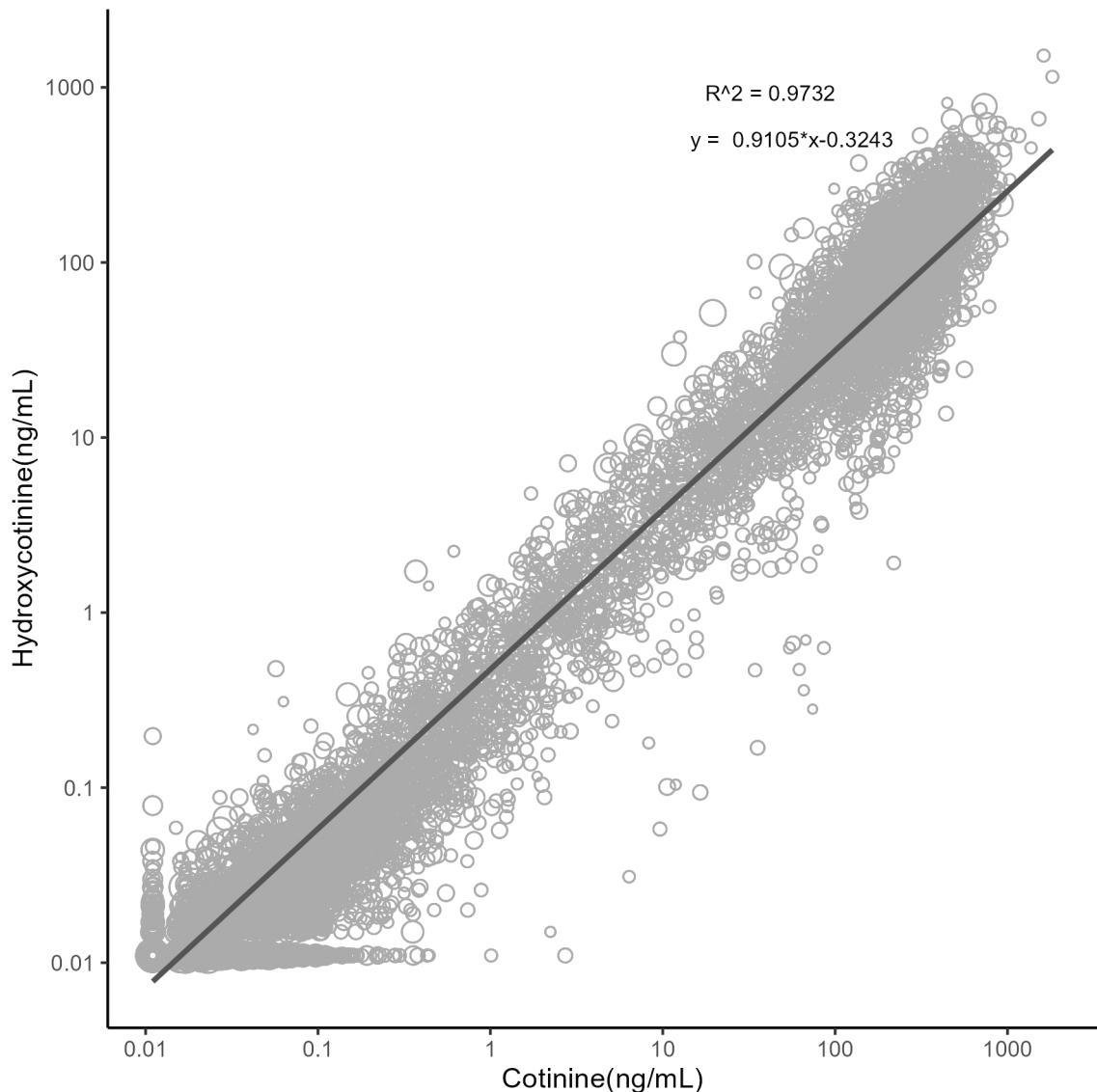
and Model 2 (additional adjustment for lifestyle and health-related factors).

In the unadjusted model, cotinine exhibited a significant association with CKD, showing an odds ratio (OR) of 1.64 (95% CI: 1.07–2.49, $p=0.02$) for Q4 compared to Q1. However, this association lost significance in Model 1 (Q4, AOR=1.26; 95% CI: 0.79–2.00, $p=0.32$) and Model 2 (Q4, AOR=1.19; 95% CI: 0.73–1.94, $p=0.47$). Conversely, hydroxycotinine exhibited a more robust association with CKD, especially in Model 2 (AOR=1.61; 95% CI: 1.06–2.43, $p=0.03$).

In the unadjusted model, cotinine demonstrated a notable association with albuminuria (OR=1.82; 95%

CI: 1.26–2.64, $p=0.002$). Hydroxycotinine presented a more pronounced association with albuminuria, especially in Model 2, displaying a trend with a $p=0.02$. Cotinine displayed a significant association with renal insufficiency in the unadjusted model, revealing an OR of 1.42 (95% CI: 1.07–1.89, $p=0.02$). However, this association progressively declined in Model 1 and Model 2, with a notable reduction in Model 2, resulting in a trend with a $p=0.01$. In contrast, hydroxycotinine consistently demonstrated a more robust association with renal insufficiency across all models, especially in Model 2, showing a trend with a $p<0.001$.

Figure 1. Scatter plots and trend lines of cotinine and hydroxycotinine



Linear regression was performed on both the x-axis and y-axis after taking logarithms base 10.

Dose–effect relationship

Utilizing RCS fitting linear regression, as depicted in Figure 2, it was evident that both cotinine and hydroxycotinine exhibited a negative correlation with eGFR ($p<0.001$, p for nonlinearity <0.001).

However, notably, only hydroxycotinine displayed a negative correlation with uACR ($p<0.001$, p for nonlinearity <0.001). Subgroup analysis showed that in males, aged <60 years, $\text{BMI} \geq 30 \text{ kg/m}^2$, and other populations, the logarithmically transformed

Table 2. Univariate and multivariate logistic regression analysis of cotinine and hydroxycotinine

	Quartile	Crude model		Model 1		Model 2	
		OR (95% CI)	p	AOR (95% CI)	p	AOR (95% CI)	p
Chronic kidney disease							
Cotinine	Q1 ®	1		1		1	
	Q2	1.96 (1.37–2.82)	<0.001	1.59 (1.06–2.40)	0.03	1.52 (0.99–2.32)	<0.05
	Q3	1.65 (1.18–2.31)	0.004	1.35 (0.91–2.01)	0.13	1.25 (0.80–1.95)	0.31
	Q4	1.64 (1.07–2.49)	0.02	1.26 (0.79–2.00)	0.32	1.19 (0.73–1.94)	0.47
	p for trend		0.09		0.67		0.91
Hydroxycotinine	Q1 ®	1		1		1	
	Q2	1.06 (0.70–1.59)	0.78	0.96 (0.61–1.51)	0.85	0.88 (0.55–1.42)	0.59
	Q3	1.28 (0.84–1.94)	0.24	1.09 (0.69–1.73)	0.71	0.96 (0.62–1.61)	0.85
	Q4	2.27 (1.59–3.24)	<0.001	2.02 (1.32–3.07)	0.002	1.61 (1.06–2.43)	0.03
	p for trend		<0.001		0.002		0.02
Albuminuria							
Cotinine	Q1 ®	1		1		1	
	Q2	1.82 (1.26–2.64)	0.002	1.53 (1.02–2.27)	0.04	1.46 (0.96–2.22)	0.07
	Q3	1.72 (1.20–2.46)	0.004	1.48 (1.00–2.20)	0.05	1.38 (0.88–2.17)	0.15
	Q4	1.66 (1.07–2.59)	0.03	1.39 (0.85–2.25)	0.18	1.32 (0.79–2.21)	0.28
	p for trend		<0.05		0.29		0.44
Hydroxycotinine	Q1 ®	1		1		1	
	Q2	1.06 (0.70–1.59)	0.78	0.96 (0.61–1.51)	0.85	0.88 (0.55–1.42)	0.59
	Q3	1.28 (0.84–1.94)	0.24	1.09 (0.69–1.73)	0.71	0.94 (0.62–1.64)	0.85
	Q4	2.28 (1.60–3.24)	<0.001	2.02 (1.32–3.07)	0.002	1.61 (1.06–2.43)	0.03
	p for trend		<0.001		0.002		0.02
Renal insufficiency							
Cotinine	Q1 ®	1		1		1	
	Q2	1.42 (1.07–1.89)	0.02	1.08 (0.77–1.51)	0.65	1.11 (0.78–1.59)	0.53
	Q3	1.84 (1.36–2.50)	<0.001	1.42 (0.96–2.11)	0.08	1.47 (0.97–2.21)	0.07
	Q4	1.88 (1.39–2.54)	<0.001	1.47 (1.03–2.10)	0.04	1.53 (1.07–2.17)	0.02
	p for trend		<0.001		0.02		0.01
Hydroxycotinine	Q1 ®	1		1		1	
	Q2	1.24 (0.83–1.86)	0.29	1.04 (0.66–1.65)	0.85	1.10 (0.69–1.77)	0.66
	Q3	2.27 (1.54–3.35)	<0.001	1.61 (1.06–2.45)	0.03	1.66 (1.08–2.56)	0.02
	Q4	2.62 (1.79–3.85)	<0.001	2.00 (1.30–3.08)	0.003	2.07 (1.33–3.23)	0.003
	p for trend		<0.001		<0.001		<0.001

Cotinine: Q1, <114 ng/mL; Q2, 114–211 ng/mL; Q3, 212–315 ng/mL; Q4, $\geq 316 \text{ ng/mL}$. Hydroxycotinine: Q1, <31 ng/mL; Q2, 31–72 ng/mL; Q3, 73–123 ng/mL; Q4, $\geq 124 \text{ ng/mL}$. Crude model: univariate logistic regression model. AOR: adjusted odds ratio. Model 1: adjusted for baseline age, sex, body mass index, race, education level, family income–poverty ratio level, and drinking status. Model 2 additionally adjusted for leisure-time physical activity level, healthy eating index scores, self-reported health status and baseline history of diabetes and hypertension. ® Reference categories.

base 10 cotinine was negatively correlated with eGFR, while the logarithmically transformed base 10 hydroxycotinine was negatively correlated with eGFR in most subgroups. However, in all subgroups, cotinine and hydroxycotinine were not correlated with uACR (Supplementary file Figures 5–8).

Additionally, RCS fitting logistic regression, presented in Figure 3, indicated intriguing findings. Specifically, when serum cotinine levels were <180 ng/mL, a positive correlation emerged between cotinine concentration and the risk of CKD and albuminuria. However, when cotinine levels were >180 ng/mL, this correlation dissipated, and the relationship between cotinine concentration and the risk of renal insufficiency closely mirrored the

trend, except for a greater turning point at 330 ng/mL. Furthermore, it was observed that an increased concentration of serum hydroxycotinine was associated with a significantly heightened risk of CKD, albuminuria, and renal dysfunction in comparison to cotinine ($p<0.001$, p for nonlinearity <0.001).

Subgroups analysis

Subgroup analysis, as presented in Table 3, unveiled that an elevation in serum cotinine concentration correlated with an increased risk of CKD among several demographic categories, including males, individuals aged <60 years, those with obesity, non-Hispanic Whites, individuals of other ethnic backgrounds, those with a college education or

Figure 2. Dose-response associations between eGFR, uACR and serum cotinine, hydroxycotinine level. The red solid line represents the nonlinear relationship between cotinine and the dependent variable, the blue solid line represents the nonlinear relationship between hydroxycotinine and the dependent variable, and the shadow represents the confidence interval

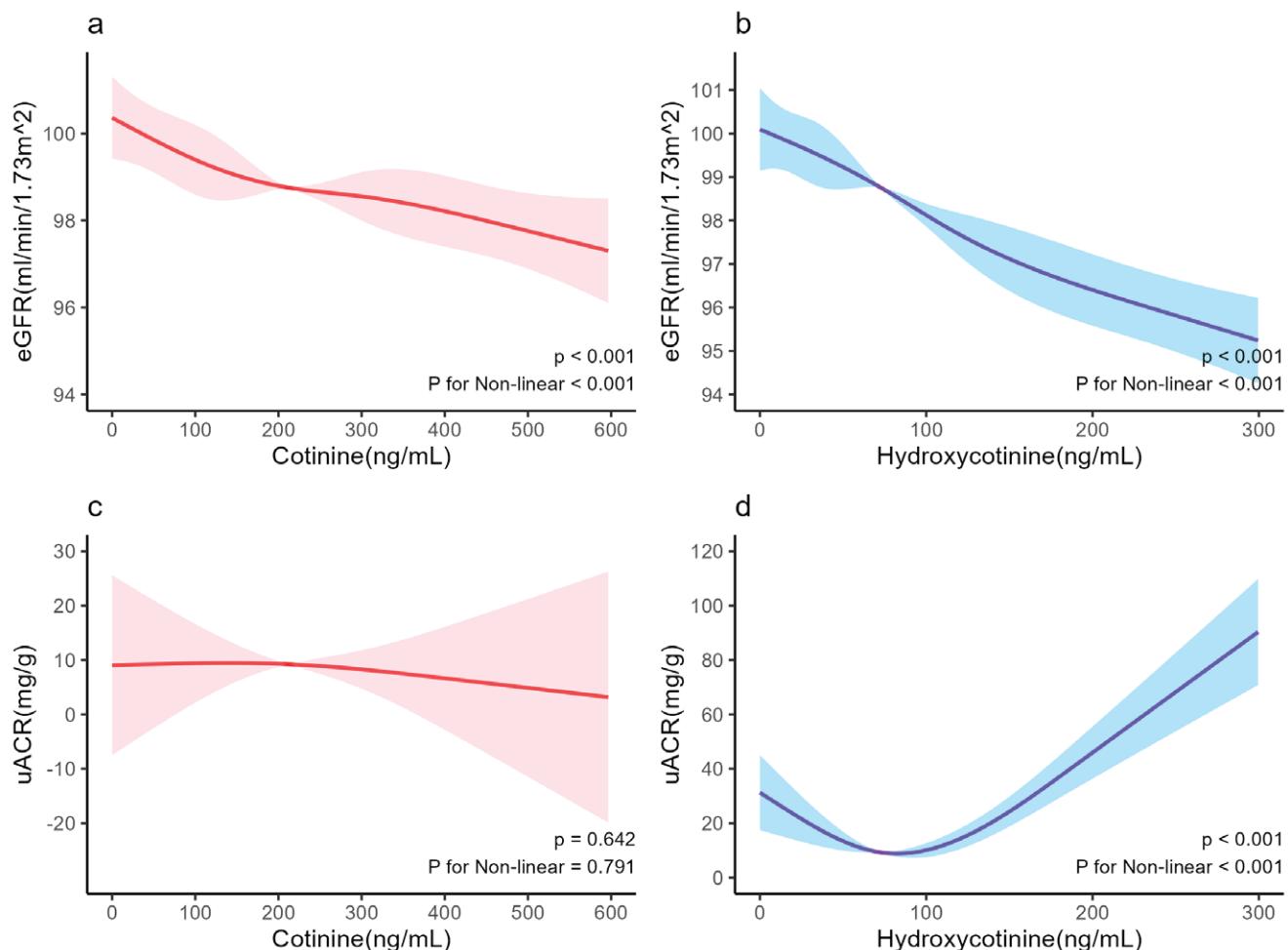


Figure 3. Dose-response associations between serum cotinine and hydroxycotinine level and abnormal renal function (including CKD, albuminuria, renal insufficiency). The red solid line represents the nonlinear relationship between cotinine and the dependent variable, the blue solid line represents the nonlinear relationship between hydroxycotinine and the dependent variable, and the shadow represents the confidence interval

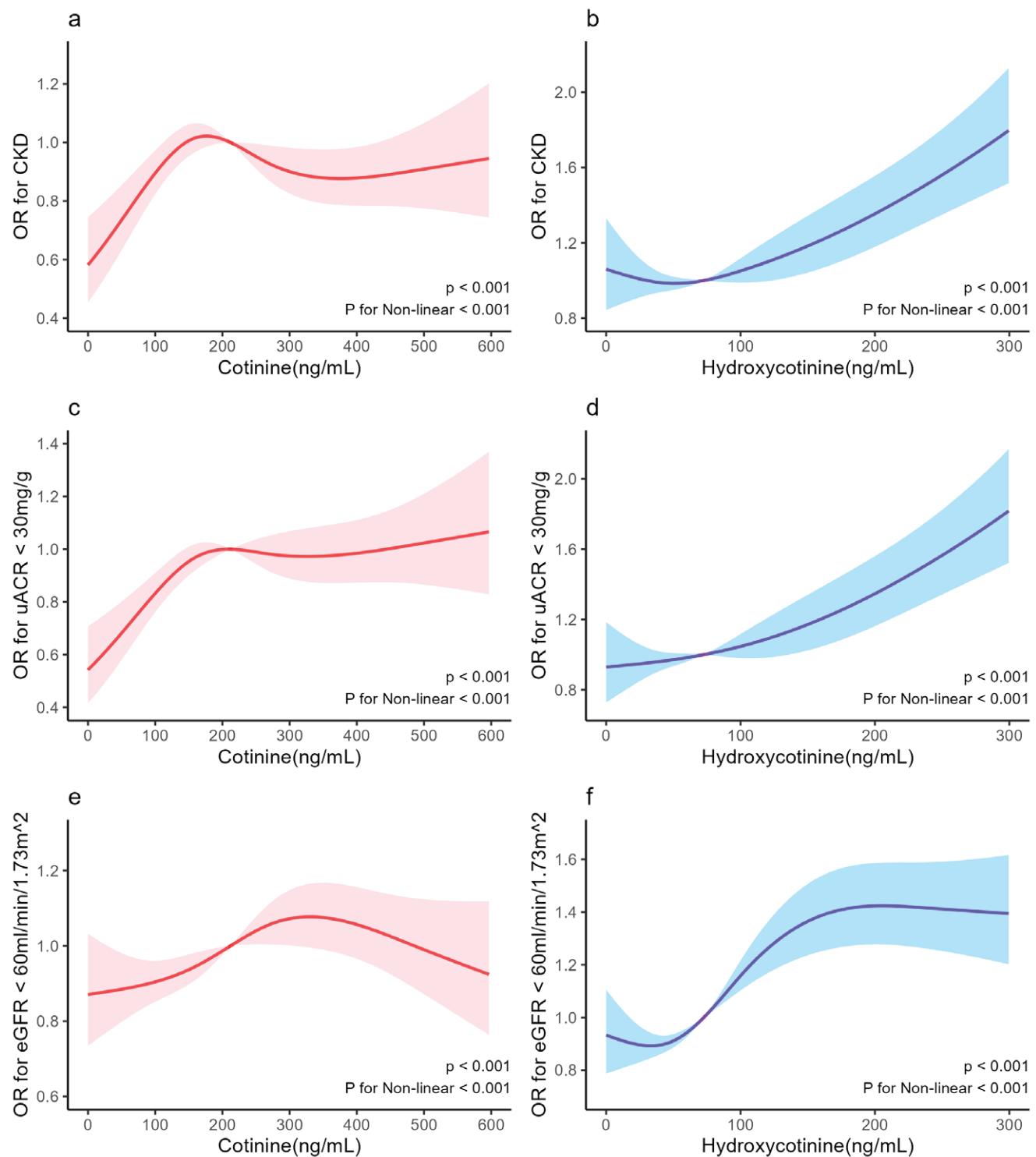


Table 3. Subgroup analysis of serum cotinine and hydroxycotinine levels and CKD risk

Variables	Q2 AOR (95% CI)	p	Q3 AOR (95% CI)	p	Q4 AOR (95% CI)	p	p for trend	p for interaction
Cotinine (Q1: ref.)								
Sex								0.8
Men	1.21 (0.72–2.05)	0.46	1.56 (0.86–2.82)	0.14	1.84 (1.07–3.16)	0.03	0.03	
Women	1.11 (0.70–1.77)	0.65	1.59 (1.00–2.52)	<0.05	1.45 (0.85–2.49)	0.16	0.06	
Age (years)								0.07
<60	1.09 (0.74–1.60)	0.64	1.82 (1.18–2.81)	0.01	1.82 (1.26–2.63)	0.003	<0.001	
≥60	1.04 (0.45–2.40)	0.93	0.75 (0.36–1.58)	0.44	0.86 (0.36–2.03)	0.72	0.54	
BMI (kg/m²)								0.57
<25.0	1.16 (0.57–2.37)	0.67	1.55 (0.73–3.28)	0.24	1.39 (0.63–3.09)	0.4	0.31	
25.0–29.9	1.36 (0.88–2.11)	0.15	1.17 (0.65–2.13)	0.58	1.58 (0.88–2.82)	0.12	0.18	
≥30	1.02 (0.63–1.66)	0.93	1.98 (1.25–3.13)	0.01	1.81 (1.00–3.28)	<0.05	0.002	
Ethnicity								0.87
Non-Hispanic White	1.04 (0.64–1.69)	0.86	1.53 (0.95–2.47)	0.08	1.53 (0.99–2.35)	<0.05	0.03	
Non-Hispanic Black	0.96 (0.51–1.80)	0.88	1.07 (0.55–2.07)	0.82	1.03 (0.55–1.91)	0.93	0.79	
Mexican American	1.27 (0.46–3.53)	0.71	2.28 (0.82–6.33)	0.34	1.48 (0.25–8.88)	0.73	0.24	
Other	1.56 (0.73–3.33)	0.24	2.06 (0.90–4.74)	0.08	3.25 (1.44–7.35)	0.01	0.01	
Education level								0.84
Lower than high school	0.83 (0.39–1.77)	0.61	1.17 (0.46–3.01)	0.73	1.22 (0.45–3.32)	0.69	0.45	
High school or equivalent	1.54 (0.79–3.00)	0.19	2.01 (1.14–3.57)	0.02	1.66 (0.93–2.95)	0.08	0.08	
College or higher	1.02 (0.59–1.76)	0.94	1.47 (0.83–2.61)	0.17	1.75 (1.08–2.81)	0.02	0.01	
Poverty ratio level								0.11
0–1.0	0.53 (0.26–1.11)	0.09	1.06 (0.50–2.23)	0.88	0.87 (0.49–1.55)	0.63	0.56	
1.1–3.0	1.65 (1.05–2.59)	0.03	2.01 (1.26–3.21)	0.01	1.63 (1.10–2.42)	0.02	0.02	
>3.0	1.11 (0.57–2.16)	0.74	1.65 (0.74–3.69)	0.21	3.04 (1.39–6.67)	0.01	0.01	
Alcohol drinking								0.52
Non-drinker	1.09 (0.39–3.04)	0.86	1.49 (0.40–5.53)	0.53	2.42 (0.86–6.78)	0.09	0.04	
Low to moderate drinker	1.16 (0.73–1.83)	0.52	1.47 (0.95–2.26)	0.08	1.28 (0.78–2.10)	0.31	0.19	
Heavy drinker	1.04 (0.60–1.79)	0.9	1.79 (1.01–3.17)	0.05	1.83 (1.07–3.12)	0.03	0.01	
Leisure time physical activity level (times/week)								0.87
0	1.17 (0.82–1.65)	0.37	1.69 (1.11–2.58)	0.02	1.74 (1.09–2.78)	0.02	0.02	
1–2	1.26 (0.43–3.69)	0.66	2.19 (0.59–8.05)	0.22	1.18 (0.29–4.91)	0.81	0.53	
≥3	1.21 (0.68–2.17)	0.5	1.65 (0.84–3.26)	0.14	1.96 (0.88–4.35)	0.1	0.07	
Healthy Eating Index score								0.35
Quarter 1	0.78 (0.38–1.59)	0.48	1.77 (0.96–3.25)	0.06	1.57 (0.90–2.76)	0.11	0.01	
Quarter 2	1.42 (0.81–2.46)	0.21	1.54 (0.71–3.31)	0.26	1.66 (0.89–3.10)	0.11	0.13	
Quarter 3	0.78 (0.40–1.50)	0.44	1.07 (0.49–2.33)	0.86	1.25 (0.55–2.85)	0.58	0.46	
Quarter 4	3.44 (1.27–9.36)	0.02	1.71 (0.62–4.71)	0.28	2.54 (1.05–6.17)	0.04	0.1	
Self-reported health								0.74
Very good to excellent	0.92 (0.50–1.69)	0.78	1.57 (0.89–2.80)	0.12	1.42 (0.81–2.49)	0.21	<0.05	
Good	1.43 (0.84–2.41)	0.17	1.70 (0.87–3.34)	0.12	1.93 (1.10–3.40)	0.02	0.02	
Poor to fair	1.07 (0.55–2.08)	0.84	1.54 (0.84–2.84)	0.16	1.43 (0.79–2.60)	0.23	0.1	

Continued

Table 3. Continued

Variables	Q2 AOR (95% CI)	p	Q3 AOR (95% CI)	p	Q4 AOR (95% CI)	p	p for trend	p for interaction
Hydroxycotinine (Q1: ref.)								
Sex								0.32
Men	1.31 (0.76–2.27)	0.31	2.28 (1.24–4.18)	0.01	2.24 (1.29–3.90)	0.01	0.001	
Women	1.01 (0.54–1.89)	0.98	1.43 (0.82–2.50)	0.19	2.23 (1.31–3.81)	0.01	<0.001	
Age (years)								0.69
<60	1.18 (0.71–1.95)	0.51	1.94 (1.20–3.12)	0.01	2.32 (1.47–3.67)	0.001	<0.001	
≥60	0.69 (0.27–1.78)	0.43	1.12 (0.57–2.20)	0.74	1.51 (0.72–3.17)	0.26	0.05	
BMI (kg/m ²)								0.76
<25.0	1.06 (0.43–2.64)	0.89	1.70 (0.75–3.84)	0.19	1.65 (0.72–3.78)	0.22	0.13	
25.0–29.9	1.34 (0.72–2.52)	0.34	1.94 (0.95–3.96)	0.07	2.13 (1.20–3.78)	0.01	0.01	
≥30	1.08 (0.65–1.79)	0.76	1.80 (1.10–2.94)	0.02	3.07 (1.78–5.28)	<0.001	<0.001	
Ethnicity								0.53
Non-Hispanic White	1.00 (0.52–1.94)	1	1.53 (0.86–2.74)	0.14	1.92 (1.12–3.27)	0.02	0.003	
Non-Hispanic Black	0.64 (0.32–1.28)	0.18	1.63 (0.84–3.14)	0.13	1.61 (0.85–3.04)	0.13	0.01	
Mexican American	2.79 (1.42–5.48)	0.2	3.18 (1.10–9.20)	0.27	8.16 (2.43–27.41)	0.17	0.03	
Other	2.03 (1.06–3.91)	0.03	2.91 (1.40–6.05)	0.01	3.87 (1.39–10.73)	0.01	0.004	
Education level								0.45
Lower than high school	1.60 (0.87–2.95)	0.12	2.23 (1.10–4.53)	0.03	2.95 (1.48–5.86)	0.004	0.004	
High school or equivalent	1.20 (0.61–2.37)	0.57	2.17 (1.22–3.88)	0.01	1.72 (0.99–2.99)	0.05	0.03	
College or higher	0.97 (0.51–1.84)	0.92	1.46 (0.79–2.70)	0.22	2.38 (1.23–4.58)	0.01	0.01	
Poverty ratio level								0.37
0–1.0	1.18 (0.59–2.36)	0.63	1.47 (0.83–2.61)	0.18	2.76 (1.64–4.64)	<0.001	<0.001	
1.1–3.0	1.33 (0.76–2.31)	0.3	1.94 (1.19–3.16)	0.01	2.43 (1.44–4.10)	0.002	<0.001	
>3.0	0.83 (0.32–2.11)	0.68	2.00 (0.87–4.62)	0.1	1.64 (0.64–4.18)	0.29	0.1	
Alcohol drinking								0.28
Non-drinker	1.87 (0.86–4.07)	0.11	1.99 (0.69–5.73)	0.19	2.55 (1.05–6.21)	0.04	0.06	
Low to moderate drinker	0.99 (0.55–1.78)	0.97	2.23 (1.35–3.67)	0.003	2.12 (1.31–3.41)	0.004	<0.001	
Heavy drinker	1.06 (0.59–1.90)	0.85	1.35 (0.73–2.48)	0.32	2.16 (1.20–3.88)	0.01	0.01	
Leisure time physical activity level (times/week)								0.78
0	1.04 (0.66–1.65)	0.85	1.98 (1.27–3.09)	0.004	2.15 (1.32–3.52)	0.004	<0.001	
1–2	1.17 (0.33–4.21)	0.8	1.53 (0.45–5.16)	0.48	1.84 (0.58–5.81)	0.28	0.24	
≥3	1.56 (0.69–3.50)	0.27	1.90 (0.95–3.79)	0.07	2.86 (1.28–6.41)	0.01	0.01	
Healthy Eating Index score								0.95
Quarter 1	0.95 (0.46–1.99)	0.89	2.00 (1.18–3.37)	0.01	2.03 (1.09–3.79)	0.03	0.004	
Quarter 2	1.47 (0.85–2.56)	0.16	1.74 (0.90–3.34)	0.09	2.63 (1.28–5.42)	0.01	0.01	
Quarter 3	0.95 (0.37–2.46)	0.91	1.26 (0.60–2.61)	0.53	2.19 (0.91–5.27)	0.08	0.07	
Quarter 4	1.35 (0.45–4.04)	0.58	2.94 (1.05–8.25)	0.04	2.46 (0.91–6.67)	0.07	0.04	
Self-reported health								0.77
Very good to excellent	1.13 (0.64–2.01)	0.66	1.55 (0.83–2.91)	0.16	2.23 (1.40–3.53)	0.002	0.005	
Good	1.29 (0.69–2.39)	0.4	2.02 (1.10–3.71)	0.03	2.38 (1.14–4.97)	0.02	0.01	
Poor to fair	0.99 (0.41–2.37)	0.98	2.04 (0.96–4.37)	0.06	1.72 (0.78–3.81)	0.17	0.06	

Cotinine: Q1, <114 ng/mL; Q2, 114–211 ng/mL; Q3, 212–315 ng/mL; Q4, ≥316 ng/mL. Hydroxycotinine: Q1, <31 ng/mL; Q2, 31–72 ng/mL; Q3, 73–123 ng/mL; Q4, ≥124 ng/mL. AOR: adjusted odds ratio; adjusted for baseline age, sex, race, education level, marital status, family income–poverty ratio level, drinking and smoking status, leisure-time physical activity level, healthy eating index scores, self-reported health status, baseline history of diabetes and hypertension.

higher, individuals with poverty ratio levels >1.0, heavy drinkers, those with high scores on the health eating index, respondents reporting good health or better, and individuals with hypertension (OR>1, $p<0.05$). It is worth noting that in comparison to cotinine, the concentration of hydroxycotinine exhibited a positive correlation with the risk of CKD within a more extensive subgroup of the population, with a notably stronger trend ($p<0.05$). Importantly, concerning the risk of CKD, neither cotinine nor its metabolite hydroxycotinine demonstrated significant interactions with the grouping variables ($p>0.05$). Subgroup analysis shows that the elevation of cotinine and hydroxylated cotinine in males was associated with an increased risk of CKD, albuminuria, and renal dysfunction. Elevated levels of cotinine in individuals aged <60 years were associated with an increased risk of CKD, while elevated levels of hydroxylated cotinine were associated with an increased risk of CKD and albuminuria. Elevated levels of cotinine in individuals with BMI <25 kg/m² were associated with increased risk of CKD and albuminuria, while elevated levels of hydroxycotinine were associated with increased risk of albuminuria (proteinuria) (Supplementary file Figures 9–14).

DISCUSSION

Our data reveal that hydroxycotinine displays a more robust association with chronic kidney disease (CKD) when compared to cotinine, although both compounds were correlated with renal function. While prior research has established a negative correlation between serum cotinine and estimated glomerular filtration rate (eGFR), this study investigated the correlation between hydroxycotinine and eGFR, as well as their respective associations with CKD^{14,15}.

The study exclusively investigated current smokers due to the significantly reduced serum levels of cotinine and hydroxycotinine in non-smokers and former smokers, with even those exposed to tobacco smoke displaying substantially lower levels compared to current smokers¹⁰. While urine cotinine concentration typically surpasses serum and saliva cotinine concentration by 2–4 times and is generally considered the most reliable indicator for determining smoking status, it is noteworthy that urine cotinine concentration can be influenced by renal function.

Therefore, this investigation chose to utilize serum cotinine concentration to assess the relationship between cotinine levels within the body and renal function. A robust linear relationship was observed between cotinine and hydroxycotinine, the latter being a metabolite of cotinine²¹.

Smoking is significantly correlated with both eGFR and uACR, with the association being prominent in younger populations, as indicated by many studies^{22–26}. Persistent smokers face a two-fold or greater risk of developing proteinuria, and smoking cessation can mitigate this risk, as supported by 15 prospective cohort studies, including a meta-analysis of 65064 CKD cases, all arriving at the same conclusion^{27,28}. Current smokers were at a higher risk of CKD than former smokers, with both groups exhibiting elevated risks compared to individuals who have never smoked⁷. Notably, this study demonstrates a negative correlation between serum levels of cotinine and hydroxycotinine and eGFR in current smokers, while only hydroxycotinine shows a positive correlation with uACR. These findings align with prior studies in the general population, suggesting that the link between smoking and glomerular hyperfiltration is independent of cotinine and its metabolite hydroxycotinine^{14,29}. Both serum cotinine and hydroxycotinine exhibit positive correlations with renal dysfunction, microalbuminuria, and CKD risk, confirming their roles as risk factors, and passive smoking is shown to adversely affect kidney morphology and glomerular filtration rate³⁰. Furthermore, a novel correlation between hydroxycotinine and CKD risk, compared to cotinine, has been identified, necessitating well-structured cohort studies for validation and further exploration of hydroxycotinine's potential role in CKD onset and progression.

Smoking has detrimental effects on individuals with CKD. Cohort studies have unveiled a significant correlation between smoking and an increased risk of renal function deterioration in CKD patients, with this association displaying a dose-dependent impact. Ceasing smoking may delay the progression of CKD and ameliorate unfavorable renal outcomes³¹. In a distinct cohort study involving CKD patients, smoking considerably heightened the risk of both vascular and non-vascular disease incidence and mortality³².

Studies on the renal consequences of smoking

are limited and have primarily focused on nicotine. Prolonged exposure to nicotine exacerbates acute renal ischemic injury. *In vivo* experiments have shown that nicotine intensifies the extent of renal damage in animal models, encompassing conditions such as acute renal injury, diabetes, acute nephritis, and subtotal nephrectomy¹³. The renal effects of nicotine were primarily attributed to an increased production of reactive oxygen species (oxidative stress) and the activation of pathways that promote fibrosis^{12,13,33,34}. Furthermore, nicotine may harm the kidneys by upregulating Grem1 expression, activating non-neuronal nicotinic acetylcholine receptors, and inducing Akt phosphorylation³⁴⁻³⁶. Regrettably, there is currently no published research that directly investigates the mechanisms underlying the effects of cotinine and hydroxycotinine on the kidneys, despite their status as nicotine metabolites. It is hoped that this may become a focal point for future research in related fields.

Limitations

This study has several limitations. First, the cross-sectional design limited the ability to establish causal relationships between serum cotinine, hydroxycotinine levels, and CKD. Second, reliance on self-reported smoking status and lifestyle factors may have introduced reporting bias. Third, although we adjusted for key confounders (e.g. age, comorbidities), residual confounding from unmeasured variables (e.g. environmental toxin exposure) could persist. Finally, the findings were derived from the NHANES dataset, which may limit their generalizability to non-smokers or populations with distinct genetic or environmental backgrounds. Additionally, the study population was restricted to a US cohort; thus, the results might not be extrapolated to other countries with differing healthcare systems, smoking prevalence patterns, or environmental exposures.

CONCLUSIONS

Elevated levels of serum cotinine and hydroxycotinine are associated with an increased risk of reduced glomerular filtration rate, microalbuminuria, and CKD in smokers, with hydroxycotinine showing a stronger correlation. Further validation through carefully designed cohort studies and mechanistic

experiments is anticipated in the future. Nevertheless, we emphasize that an elevated level of smoking, especially in situations with high levels of cotinine and hydroxycotinine, poses a risk for CKD. Therefore, we advocate for smoking avoidance or reduction.

REFERENCES

1. Peacock A, Leung J, Larney S, et al. Global statistics on alcohol, tobacco and illicit drug use: 2017 status report. *Addiction*. 2018;113(10):1905-1926. doi:[10.1111/add.14234](https://doi.org/10.1111/add.14234)
2. Le Foll B, Piper ME, Fowler CD, et al. Tobacco and nicotine use. *Nat Rev Dis Primers*. 2022;8(1):19. doi:[10.1038/s41572-022-00346-w](https://doi.org/10.1038/s41572-022-00346-w)
3. Ying M, Shao X, Qin H, et al. Disease burden and epidemiological trends of chronic kidney disease at the global, regional, national levels from 1990 to 2019. *Nephron*. 2024;148(2):113-123. doi:[10.1159/000534071](https://doi.org/10.1159/000534071)
4. Vart P, Powe NR, McCulloch CE, et al. National trends in the prevalence of chronic kidney disease among racial/ethnic and socioeconomic status groups, 1988-2016. *JAMA Netw Open*. 2020;3(7):e207932. doi:[10.1001/jamanetworkopen.2020.7932](https://doi.org/10.1001/jamanetworkopen.2020.7932)
5. Yoon SY, Park HW, Kim HJ, et al. National trends in the prevalence of chronic kidney disease among Korean adults, 2007-2020. *Sci Rep*. 2023;13(1):5831. doi:[10.1038/s41598-023-33122-1](https://doi.org/10.1038/s41598-023-33122-1)
6. Murphy D, McCulloch CE, Lin F, et al. Trends in prevalence of chronic kidney disease in the United States. *Ann Intern Med*. 2016;165(7):473-481. doi:[10.7326/M16-0273](https://doi.org/10.7326/M16-0273)
7. Xia J, Wang L, Ma Z, et al. Cigarette smoking and chronic kidney disease in the general population: a systematic review and meta-analysis of prospective cohort studies. *Nephrol Dial Transplant*. 2017;32(3):475-487. doi:[10.1093/ndt/gfw452](https://doi.org/10.1093/ndt/gfw452)
8. Pinto-Sietsma SJ, Mulder J, Janssen WM, Hillege HL, de Zeeuw D, de Jong PE. Smoking is related to albuminuria and abnormal renal function in nondiabetic persons. *Ann Intern Med*. 2000;133(8):585-591. doi:[10.7326/0003-4819-133-8-200010170-00008](https://doi.org/10.7326/0003-4819-133-8-200010170-00008)
9. Soleimani F, Dobaradaran S, De-la-Torre GE, Schmidt TC, Saeedi R. Content of toxic components of cigarette, cigarette smoke vs cigarette butts: a comprehensive systematic review. *Sci Total Environ*. 2022;813:152667. doi:[10.1016/j.scitotenv.2021.152667](https://doi.org/10.1016/j.scitotenv.2021.152667)
10. Benowitz NL. Biomarkers of environmental tobacco smoke exposure. *Environ Health Perspect*. 1999;107 Suppl 2(Suppl 2):349-355. doi:[10.1289/ehp.99107s2349](https://doi.org/10.1289/ehp.99107s2349)
11. Kim S. Overview of cotinine cutoff values for smoking status classification. *Int J Environ Res Public Health*. 2016;13(12):1236. doi:[10.3390/ijerph13121236](https://doi.org/10.3390/ijerph13121236)
12. Arany I, Grifoni S, Clark JS, Csengradi E, Marie C, Juncos LA. Chronic nicotine exposure exacerbates acute renal ischemic injury. *Am J Physiol Renal Physiol*. 2011;301(1):F125-F133.

doi:[10.1152/ajprenal.00041.2011](https://doi.org/10.1152/ajprenal.00041.2011)

13. Jain G, Jaimes EA. Nicotine signaling and progression of chronic kidney disease in smokers. *Biochem Pharmacol*. 2013;86(8):1215-1223. doi:[10.1016/j.bcp.2013.07.014](https://doi.org/10.1016/j.bcp.2013.07.014)
14. Fu YC, Xu ZL, Zhao MY, Xu K. The association between smoking and renal function in people over 20 years old. *Front Med (Lausanne)*. 2022;9:870278. doi:[10.3389/fmed.2022.870278](https://doi.org/10.3389/fmed.2022.870278)
15. Jain RB. Concentrations of serum cotinine across stages of glomerular function among US adult smokers and nonsmokers. *Environ Sci Pollut Res Int*. 2020;27(28):34978-34986. doi:[10.1007/s11356-020-09797-8](https://doi.org/10.1007/s11356-020-09797-8)
16. National Health and Nutrition Examination Survey: NHANES Questionnaires, Datasets, and Related Documentation. Accessed February 17, 2025. <https://www.cdc.gov/nchs/nhanes>
17. National Center for Chronic Disease Prevention and Health Promotion. National Health and Nutrition Examination Survey (NHANES): Laboratory Procedures Manual. National Center for Chronic Disease Prevention and Health Promotion; 2011. Accessed February 28, 2025. https://www.cdc.gov/nchs/data/nhanes/public/2011-manuals/2011-12_Laboratory_Procedures_Manual.pdf
18. Levey AS, Stevens LA, Schmid CH, et al. A new equation to estimate glomerular filtration rate. *Ann Intern Med*. 2009;150(9):604-612. doi:[10.7326/0003-4819-150-9-200905050-00006](https://doi.org/10.7326/0003-4819-150-9-200905050-00006)
19. Kidney Disease: Improving Global Outcomes (KDIGO) Glomerular Diseases Work Group. KDIGO 2021 Clinical practice guideline for the management of glomerular diseases. *Kidney Int*. 2021;100(4S):S1-S276. doi:[10.1016/j.kint.2021.05.021](https://doi.org/10.1016/j.kint.2021.05.021)
20. van Buuren S, Groothuis-Oudshoorn K. MICE: multivariate imputation by chained equations in R. *Journal of Statistical Software*. 2011; 45(3):1-67 doi:[10.18637/jss.v045.i03](https://doi.org/10.18637/jss.v045.i03)
21. Kim KY, Lee YJ, Chung BC, Hong J, Jung BH. Relations between toxicity and altered tissue distribution and urinary excretion of nicotine, cotinine, and hydroxycotinine after chronic oral administration of nicotine in rats. *Drug Chem Toxicol*. 2010;33(2):166-172. doi:[10.3109/01480540903196832](https://doi.org/10.3109/01480540903196832)
22. Hallan S, de Mutsert R, Carlsen S, Dekker FW, Aasarød K, Holmen J. Obesity, smoking, and physical inactivity as risk factors for CKD: are men more vulnerable? *Am J Kidney Dis*. 2006;47(3):396-405. doi:[10.1053/j.ajkd.2005.11.027](https://doi.org/10.1053/j.ajkd.2005.11.027)
23. Yoon HJ, Park M, Yoon H, Son KY, Cho B, Kim S. The differential effect of cigarette smoking on glomerular filtration rate and proteinuria in an apparently healthy population. *Hypertens Res*. 2009;32(3):214-219. doi:[10.1038/hr.2008.37](https://doi.org/10.1038/hr.2008.37)
24. Ito K, Maeda T, Tada K, et al. The role of cigarette smoking on new-onset of chronic kidney disease in a Japanese population without prior chronic kidney disease: Iki epidemiological study of atherosclerosis and chronic kidney disease (ISSA-CKD). *Clin Exp Nephrol*. 2020;24(10):919-926. doi:[10.1007/s10157-020-01914-8](https://doi.org/10.1007/s10157-020-01914-8)
25. Maeda I, Hayashi T, Sato KK, et al. Cigarette smoking and the association with glomerular hyperfiltration and proteinuria in healthy middle-aged men. *Clin J Am Soc Nephrol*. 2011;6(10):2462-2469. doi:[10.2215/CJN.00700111](https://doi.org/10.2215/CJN.00700111)
26. Sauriasari R, Sakano N, Wang DH, et al. C-reactive protein is associated with cigarette smoking-induced hyperfiltration and proteinuria in an apparently healthy population. *Hypertens Res*. 2010;33(11):1129-1136. doi:[10.1038/hr.2010.154](https://doi.org/10.1038/hr.2010.154)
27. Noborisaka Y, Ishizaki M, Yamada Y, et al. The effects of continuing and discontinuing smoking on the development of chronic kidney disease (CKD) in the healthy middle-aged working population in Japan. *Environ Health Prev Med*. 2013;18(1):24-32. doi:[10.1007/s12199-012-0285-7](https://doi.org/10.1007/s12199-012-0285-7)
28. Ishizaka N, Ishizaka Y, Toda E, et al. Association between cigarette smoking and chronic kidney disease in Japanese men. *Hypertens Res*. 2008;31(3):485-492. doi:[10.1291/hypres.31.485](https://doi.org/10.1291/hypres.31.485)
29. Hammer Y, Cohen E, Levi A, Krause I. The relationship between cigarette smoking and renal function: a large cohort study. *Isr Med Assoc J*. 2016;18(9):553-556. Accessed February 17, 2025. <https://www.ima.org.il/FilesUploadPublic/IMAJ/0/214/107285.pdf>
30. Choi Y, Park JH, Kim DH, et al. Association between cotinine-verified smoking status and moderately increased albuminuria in the middle-aged and older population in Korea: a nationwide population-based study. *PLoS One*. 2021;16(2):e0246017. doi:[10.1371/journal.pone.0246017](https://doi.org/10.1371/journal.pone.0246017)
31. Lee S, Kang S, Joo YS, et al. Smoking, smoking cessation, and progression of chronic kidney disease: results from KNOW-CKD Study. *Nicotine Tob Res*. 2021;23(1):92-98. doi:[10.1093/ntr/ntaa071](https://doi.org/10.1093/ntr/ntaa071)
32. Staplin N, Haynes R, Herrington WG, et al. Smoking and adverse outcomes in patients with CKD: the study of heart and renal protection (SHARP). *Am J Kidney Dis*. 2016;68(3):371-380. doi:[10.1053/j.ajkd.2016.02.052](https://doi.org/10.1053/j.ajkd.2016.02.052)
33. Lan X, Lederman R, Eng JM, et al. Nicotine induces podocyte apoptosis through increasing oxidative stress. *PLoS One*. 2016;11(12):e0167071. doi:[10.1371/journal.pone.0167071](https://doi.org/10.1371/journal.pone.0167071)
34. Hua P, Feng W, Ji S, Raji L, Jaimes EA. Nicotine worsens the severity of nephropathy in diabetic mice: implications for the progression of kidney disease in smokers. *Am J Physiol Renal Physiol*. 2010;299(4):F732-F739. doi:[10.1152/ajprenal.00293.2010](https://doi.org/10.1152/ajprenal.00293.2010)
35. Chen J, Xiao H, Xue R, et al. Nicotine exacerbates diabetic nephropathy through upregulation of Grem1 expression. *Mol Med*. 2023;29(1):92. doi:[10.1186/s10020-023-00692-9](https://doi.org/10.1186/s10020-023-00692-9)
36. Rezonew G, Chumley P, Feng W, Hua P, Siegal GP, Jaimes EA. Nicotine exposure and the progression of chronic kidney disease: role of the $\alpha 7$ -nicotinic acetylcholine receptor. *Am J Physiol Renal Physiol*. 2012;303(2):F304-F312. doi:[10.1152/ajprenal.00661.2011](https://doi.org/10.1152/ajprenal.00661.2011)

CONFLICTS OF INTEREST

The authors have each completed and submitted an ICMJE form for disclosure of potential conflicts of interest. The authors declare that they have no competing interests, financial or otherwise, related to the current work. Y. Wang reports that since the initial planning of the work, Binzhou Medical University 'Clinical + X' project (BY2021LCX24) funded this study.

FUNDING

This research was funded by Binzhou Medical University 'Clinical + X' project (BY2021LCX24).

ETHICAL APPROVAL AND INFORMED CONSENT

Ethical approval and informed consent were not required for this secondary dataset analysis study.

DATA AVAILABILITY

The data supporting this research are available from the authors on reasonable request.

PROVENANCE AND PEER REVIEW

Not commissioned; externally peer reviewed.