



TID

Tobacco Induced Diseases

Supplementary file

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al.

DOI:

10.18332/tid/231160

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Supplementary Materials:

Questionnaires

❖ Sociodemographic characteristics:
• Age:
• Gender: ☐ Male ☐ Female
• Occupation: ☐ Faculty member ☐ Administrative employee ☐ Student ☐ Security ☐ others...
• Nationality: ☐ Saudi ☐ Non-Saudi
• Marital status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed
• Monthly income in Saudi Riyals? ☐ None ☐ < 3,000 ☐ 3,000–5,999 ☐ 6,000–10,000 ☐ > 10,000 ☐ Unknown
• Do you currently smoke? ☐ Yes ☐ No
• Type of smoking? (more than one choice is available) ☐ Cigarettes ☐ waterpipe ☐ electronic cigarettes ☐ Chewing tobacco
• Daily smoking? ☐ Yes ☐ No

• Number of smoked per day (cigarettes)? ☐ ≤10 ☐ 11-20 ☐ 21-30 ☐ >30
❖ Intervention
• Smoking abstinence ☐ yes ☐ No
• Period from intervention ☐ 6 months ☐ 1 year ☐ 2 years
• Type of intervention (more than one choice is available) ☐ Psychotherapy ☐ Pharmacotherapy
• Prescribed medications ☐ Nicotine replacemnt therapy ☐ Varenicline ☐ Combined
• Number of quit attempts ☐ No quit attempts ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ ≥ 5
❖ Determinants
• In your opinion what is the Reasons for smoking initiation? (more than one choice is available) ☐ Peer pressure or Friends who smoke. ☐ Smoking as fun ☐ Unpleasant event in life ☐ Smoking establishes friendships. ☐ Family members ☐ Stress ☐ Social imitation ☐ Advertising ☐ Other
• In your opinion what is Factor affecting smoking cessation? (more than one choice is available) ☐ Health concerns ☐ Familial pressure or Respect to family values ☐ Religious beliefs ☐ To save money , Cost of cigarette ☐ To have a better life

☐ Side effect of smoking heard or observed. ☐ Healthy lifestyle advantage ☐ Physician advice ☐ Future outcomes ☐ Legal prohibitions ☐ Side effects on others (second hand smokers) ☐ Bad smell ☐ Antipathy of overuse and length of cigarette use ☐ Peer pressure ☐ other
• Do you have a desire to quit smoking ☐ Yes ☐ No
• In your opinion what are Reasons for unwillingness to quit smoking? (more than one choice is available) ☐ Fear of mood changes ☐ Peer pressure ☐ Cost of treatment ☐ Fear of failure ☐ Failed previous attempt(s) ☐ Other
• Have you quit or tried to quit smoking? ☐ Yes ☐ No