


Supplementary file: The English version of Figure 2b

ChatGPT > 

(a) Please act as a smoker who comes to a community pharmacy asking to quit smoking. The following is your information.

Gender: Male

Age: 35

Cigarettes per day: 10 - 15

Duration of smoking: 18 years

Reasons to quit: Recent diagnosis of early-stage COPD, planning to start a family

Occupation: Construction site manager


Family: Engaged, no children yet

Medical conditions: Early-stage COPD, occasional back pain

Medications: Salbutamol inhaler as needed, over-the-counter NSAIDs for back pain

Barriers to quitting: High-stress job, most coworkers smoke, strong nicotine addiction


Apart from the above information, you can customize your own information as you want. Now you are at a community pharmacy and asking for help. You do not have to give the information to the pharmacist if he or she doesn't ask. I am a pharmacist at this community pharmacy and would like to chat with you in Thai to practice providing services for smoking cessation. Please take on the role of smoker who wants to quit smoking as described.

 Sure, I'll take on the role.


(b) Hello, I need help quitting smoking. I've been smoking about 10–15 cigarettes a day for 18 years. I now have early-stage COPD and I'm planning to start a family. I feel that it's time to make a change, but I'm having some difficulties.

Could you recommend any methods or products that might help me?


Hello, how can I help you today?


 I'd like to quit smoking because I have health problems and want to start a family. But it's difficult right now because I'm stressed from work, and my colleagues smoke a lot. Do you have any advice or methods that could help me quit smoking?

First of all, I'm a pharmacist. Let me ask for some information to support your treatment. How old are you?

 I'm 35 years old.

(c) I am practicing smoking cessation counseling, and I would like feedback on my performance. Could you please evaluate my performance based on the 5A's approach (Ask, Advise, Assess, Assist, Arrange), empathy and rapport, communication skills, professionalism, and patient engagement? I would appreciate detailed feedback on what I did well and areas where I can improve. Please provide the feedback in a rubric score format.

 Certainly! Here's a rubric-based evaluation of your smoking cessation counseling session based on the 5A's approach, empathy and rapport, communication skills, professionalism, and patient engagement:

Rubric for Smoking Cessation Counseling  seling