

**Supplementary Table 1. Frequency distribution of the different categories of the variable ‘referred by’, for all participants and by sex (N=292)**

|                    | <b>All</b> | <b>Males</b> | <b>Females</b> | <b>p</b> |
|--------------------|------------|--------------|----------------|----------|
| <b>Referred by</b> | n (%)      | n (%)        | n (%)          | 0.229    |
| Primary Care       | 99 (33.9)  | 45 (32.8)    | 54 (34.8)      |          |
| Other Specialties  | 116 (39.7) | 61 (44.5)    | 55 (35.5)      |          |
| Own Free-Will      | 77 (26.4)  | 31 (22.6)    | 46 (29.7)      |          |

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