**Additional file 6**

**Figure S2: *Skills of the Students: Two 5-Minute Standardized Videos Before and 4 Weeks After the Course***



Paired samples t-test with 85 cases: “Sum of skills” before and four weeks after the course; mean difference -2.7 (95%CI = -3.4 to -2.1; p < 0.0005); Cohen’s d = 1.3. This Cohen’s d of 1.3 shows a significant effect.