

Supplementary file, Document 1

Ten item version of the Questionnaire on Smoking Urges (QSU-brief)

(1=strongly disagree to 7=strongly agree)

1. I have a desire for a cigarette right now.
2. Nothing would be better than smoking a cigarette right now.
3. If it were possible, I would probably smoke now.
4. I could control things better right now if I could smoke.
5. All I want right now is a cigarette.
6. I have an urge for a cigarette.
7. A cigarette would taste good now.
8. I would do almost anything for a cigarette now.
9. Smoking would make me less depressed.
10. I am going to smoke as soon as possible.

Tobacco Craving Index (TCI)

Level of craving	0: I have no craving for smoking at all 1: I miss having something in my mouth 2: I can manage the craving 3: I keep having craving for smoking
Frequency of daily craving	0: not at all 1: less than once a day 2: 1~3 times a day 3: 4 times or more a day

The patient was asked to rate their level of craving on a scale of 0-3 and frequency of daily craving on a scale of 0-3. The TCI grade (G) was determined by the patient's ratings on the two questionnaire items according to the following chart. The TCI grade (G) ranges from 0 to 3.

TCI Grade

		Level of craving 			
		0	1	2	3
Frequency of daily craving 	0	G0	/	/	/
	1	/	G1	G1	G2
	2	/	G1	G2	G3
	3	/	G1	G2	G3