

Table 1. Diabetic Type II smokers that took part at an intense smoking cessation program

Average age (years)	57.6
Average cigarettes/day (before/after)	24.8/3
Average kg (before/after)	82.35/82.85
Average Fagerström score before	7.8
Average motivation (scale 1 to 10)	8.6
Average confidence (scale 1 to 10)	5.5
Average SCL-90 score	77
Average BP systolic/diastolic (mmHg)	124/73
Average HbA1c (%)	6.5
Average CO ppm (before/after)	18.6/7.17